RETURN TO TRAINING AND PLAYING
A GUIDE FOR DISTRICTS, REGIONS, GROUPS AND CLUBS

Social distancing 1.5m Stay at home if you're sick Wash your hands regularly and cover coughs and sneezes

Personal Health	**Club should provide details on personal health protocols for all participants that should cover:** • How the club will ensure all members are aware of the personal hygiene controls they must take before, during and after training. • Advice to players, coaches and officials that they should not attend if unwell.	☑
Club Evidence:	Inform people entering the grounds of what is expected during training and remind parents / carers to keep children home if unwell	
Training	**Club should provide:** • Scheduling details of training sessions, including number of groups, length of sessions and time between sessions in accordance with advice in NSWRL Return to Play document. • How the club will implement and monitor the training attendance register. This register must record all participants training, their time and time out of the facility. • How the AIS Principle of "Get in, train, get out" will be applied to each team and training session. • How equipment will be sanitised after each training session during Step 1 and Step 2 of the framework. (see NSWRL equipment sanitation document) • Guidance for travel arrangements to and from training, particularly for anyone using public transport.	☑
Club Evidence:	Set up the field structure so no more than 10 people are in a 32m x 32m square with at least 5.6m distance between each group.	
Management of Unwell Participants	**Clubs should provide information on:** • How will the club identify and isolate from the general population a space that can be used to isolate participants who may feel unwell at an activity and are unable to leave immediately. • Educate volunteers and team officials on the implementation of the framework requirements for unwell participants and how they should be implemented. • Establish procedures to assist anyone feeling unwell to leave the facility as soon as possible.	☑
Club Evidence:	If a player, coach or official is showing any flu like Symptons politely inform them of the risks and escort them from the oval.	

I declare that the information contained within this plan represents, to the best of my knowledge, information and belief, a true and correct reflection of the Club's approach to the implementation of the requirements of the NSWRL Return to Play Framework.

Signed: K Bolton.

Name: Kristina Bolton.

Position at Club: Manager U8's - Covid Safe manager.

Club: Alexandria Rovers.

Date: 11/06/2020.